

# Employee Assistance Service

Our Employee Assistance Service (EAS) is a confidential counselling service that provides support to company employees.



24/7



**Our EAS is available  
24/7, 365 days a year  
providing:**

*On the initial contact, our Case Manager will complete a quick assessment. When appropriate, a referral to short term counselling will be made.*

- Counselling
- Online Cognitive Behavioural Therapy
- Legal information
- Financial information
- Consumer information
- Career guidance
- Life coaching
- Mediation
- Health information
- Cancer support
- Autism support
- Infertility & pregnancy loss
- Elder care support
- Parent coaching
- International employee support

Register for your wellbeing app: <https://app.spectrum.life/login>

Organisation code: IOU32tUw