

**ATHLONE INSTITUTE OF TECHNOLOGY
SCHOOL OF HUMANITIES**

ELECTIVES FORM

2011/2012

NAME:

STUDENT NUMBER:

COURSE :

Bachelor of Arts in Hotel and Leisure Management

CODE :

AL_OLEIS_7

YEAR :

Year 1

MANDATORY

Semester 1: Customer Service Business and Management, Learning to Learn, Food Preparation/Food Service

Semester 2: Accounting, Environmental Health and Safety Management, Food Preparation/Food Service

ELECTIVES

(PLEASE CHOOSE 2 ELECTIVE FROM BOTH SEMESTERS)

NOTE If you choose a Language you must take corresponding language in other semester

Please tick

Semester 1 Electives:

Credits

71442	CRS H1001	Swimming and Creative Play	5	
71451	HEAL H1021	Health and Wellness	5	
69509	FREN H1030	French 1.1	5	
69512	SPAN H1024	Spanish 1.1	5	

Semester 2 Electives:

71506	GAST H1002	Gastronomy	5	
71515	ANAT H1004	Anatomy and Physiology I	5	
46954	FREN H1021	French 1.2	5	
46957	SPAN H1013	Spanish 1.2	5	
13935	ENGL H1001	English for Overseas Students	10	

SIGNATURE

DATE

Bachelor of Business Hotel & Leisure Management 1

SEMESTER 1

French 1.1 & Spanish 1.1

See languages page.

Swimming and Creative play

The creative play section is designed to give the student a working knowledge of skills to be used in Kid's Clubs in Hotel environments. It is a practical hands on module with sessions in arts and crafts, story -telling, music, games and creative dramatics.

Health and Wellness

This module will introduce you to the concepts of health and wellness. The role of hotel and leisure management to promote the health and wellness of staff and customers in the hotel environment will be the main focus of the module. Strategies and approaches to the promotion of positive health and wellness will be investigated and explored.

SEMESTER 2

French 1.2 & Spanish 1.2

See languages page.

Gastronomy

This module explores the world of gastronomy. The history and development of food and beverages and their influence are explored. The influence of global eating habits and changes in consumer behavior are examined. Students will consider the political, technological, social and environmental issues impacting on gastronomy in the 21st century. Students will be assessed by continuous assessment and a final examination. The continuous assessment will involve a practical element e.g. taking part in a meal experience class and a wine appreciation class. On completion of this module, students will have an appreciation and understanding of modern gastronomy and its historical development and its influence on food and beverage patterns in today's world.

Anatomy and Physiology

This module will introduce you to basic anatomy and physiology of the human body and the diseases and disorders of the human body. The module will look at the structure and function of the skeletal and muscular systems.

Languages

French Year 1

ELECTIVE FRENCH I

"It is more important than ever that our graduates have an understanding of European societies and languages. It makes them more attractive to employers, but also sensitive to cultural issues and different methods of learning."

GERRY O'SULLIVAN, HIGHER EDUCATION AUTHORITY, JUNE 14, 2011.

French is offered at post-Leaving Cert level, and may also be offered at Beginners level, subject to demand. The course builds on the skills already acquired at second level – oral, aural and written. Class groups are small, allowing for greater individual attention. The text book *Access French 1*, combined with interactive learning in the multi-media language laboratory makes the learning experience interesting and exciting. This year will see the introduction of a pilot Tandem Learning Programme, where each student will team up with a native French student studying at AIT to practise their conversation skills and gain a new friend! There will also be a number of fun Language activities happening in the college throughout the year. Learning French also provides you with a perfect opportunity to travel and spend an extended period of time in France, on a study period or a work placement.

Spanish Year 1 to 4

Why learn Spanish?

If you speak Spanish, you can communicate with almost 500 million people worldwide! Think how many more employment options that gives you! And if you want to take a trip to Spain or to Central or Latin America, a little knowledge of Spanish will go a long way.

Learning Spanish is fun! Spanish is easy to learn & to pronounce. Spanish is spoken in more than 28 countries. It is the world's third most spoken language, after Mandarin Chinese & English, and ranks second in terms of native speakers. Spanish is the second most used language in international communication. Being fluent in a foreign language is also a major advantage for job seekers, since more & more Irish companies trade internationally.

So why Spanish? Because not only is learning Spanish becoming increasingly important in terms of the global economy, it can also play a major role in your own personal development. The Spanish passion for living is contagious & visiting the country itself can be the experience of a lifetime. Once you get a taste for their language & culture; experience their music & dance, fiestas & siestas, food & drink; you may not want to come home!

So why choose Spanish as an elective in AIT?

This module will provide you with the practical language skills you need to survive when travelling around Spain, Central & Latin America. The course is designed for students who have **no** previous knowledge of the language & is aimed at providing you with some **basic survival** Spanish which would be of use on the ground in a Spanish-speaking country.

By the end of year 2 you can expect to be able to hold a conversation in the target language about yourself, your family, your hobbies & student life. You will learn about life in Spain, Central & Latin America. You will also

be able to cope in basic situational tasks such as shopping, eating & drinking, travelling around Spain, e.g. booking tickets & accommodation, asking for directions & tourist information.

If you wish to continue with the elective after year 2, then the material will become more specialised, in relation to your chosen course of study. In year 3 you will learn how to apply for a job, do a job interview in your chosen discipline. You will be able to talk about working life & your own work experience. You will discover more about life in Spain, its culture & society. You will also be equipped with the practical language skills needed when studying, working or travelling around a Spanish-speaking country.

By the end of year 4, you can expect to be able to have a detailed discussion on a variety of topics from the syllabus and to be in a position to give a ten minute presentation on a topic of your choice. All of the material which is prepared for oral and aural work will also be applied to written work.