

ATHLONE INSTITUTE OF TECHNOLOGY
SCHOOL OF HUMANITIES

ELECTIVES FORM	2011/2012
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NAME:

STUDENT NUMBER:

COURSE :

Bachelor of Arts in Applied Social Studies in Social Care **CODE :** AL_HSOCS_D

YEAR :

Year 3

MANDATORY				
Group Dynamics, Applied Social Studies, Counselling Skills, Sociology and Applied Practice, Interactional Approaches, Disability Studies Promoting Inclusion, Child Law and Liability for Social Care Professionals, Practice Placement				
ELECTIVE(S)				
(PLEASE CHOOSE 1 ELECTIVE FROM THE LIST BELOW)				
			Credits	Please tick
47336	FREN H3019	French 3	10	
47335	SPAN H3014	Spanish 3	10	
47332	MGMT H3028	Management Theory and Practice	10	
68644	HEAL H3008	Mental Health	10	

SIGNATURE

DATE

Bachelor of Arts in Applied Social Studies 3

French 3 & Spanish 3

See Languages Page

Management Theory and Practice

If you think that you would like to know more about managing people at work, then this module will be a good starting point. It introduces students to management theory and practice, and looks at areas such as ethics, conflict and negotiation, recruitment, stress and time management, among other aspects important in any supervisory and management position. Case studies will be used to illustrate and enable students to apply theory to practice. DVDs and in-class exercises also facilitate discussion and involvement. It also provides a good basis for advancement in the social care profession, as a module in management may provide a good basis for promotion and has relevance at interview.

Mental Health

In this module you will have the opportunity to learn about mental health problems (for example , anxiety disorders, personality disorders, psychosis) assessment, diagnosis and approaches to treatment and care. You will also explore the supports and services that are available in Ireland to help service users with psychological problems. As a social care practitioner you will be well positioned to notice potential difficulties in the psychological health of service users and provide support in terms of awareness –raising, appropriate referral direction and direct intervention. This module will equip you with the knowledge required to work effectively with service users.

Languages

French Year 3

This module will enable you to communicate with greater confidence in French on topics relating to student and professional life. You will also broaden your cultural awareness of life in French-speaking countries. Moodle will be used extensively for multi-media resources (audio files, links to interactive exercises and YouTube clips) as well providing a platform for you to engage with the language, the lecturer and your classmates through online discussion, wikis and the reflective journal.

Spanish Year 1 to 4

Why learn Spanish?

If you speak Spanish, you can communicate with almost 500 million people worldwide! Think how many more employment options that gives you! And if you want to take a trip to Spain or to Central or Latin America, a little knowledge of Spanish will go a long way.

Learning Spanish is fun! Spanish is easy to learn & to pronounce. Spanish is spoken in more than 28 countries. It is the world's third most spoken language, after Mandarin Chinese & English, and ranks second in terms of native speakers. Spanish is the second most used language in international communication. Being fluent in a foreign language is also a major advantage for job seekers, since more & more Irish companies trade internationally.

So why Spanish? Because not only is learning Spanish becoming increasingly important in terms of the global economy, it can also play a major role in your own personal development. The Spanish passion for living is contagious & visiting the country itself can be the experience of a lifetime. Once you get a taste for their language & culture; experience their music & dance, fiestas & siestas, food & drink; you may not want to come home!

So why choose Spanish as an elective in AIT?

This module will provide you with the practical language skills you need to survive when travelling around Spain, Central & Latin America. The course is designed for students who have **no** previous knowledge of the language & is aimed at providing you with some **basic survival** Spanish which would be of use on the ground in a Spanish-speaking country.

By the end of year 2 you can expect to be able to hold a conversation in the target language about yourself, your family, your hobbies & student life. You will learn about life in Spain, Central & Latin America. You will also be able to cope in basic situational tasks such as shopping, eating & drinking, travelling around Spain, e.g. booking tickets & accommodation, asking for directions & tourist information.

If you wish to continue with the elective after year 2, then the material will become more specialised, in relation to your chosen course of study. In year 3 you will learn how to apply for a job, do a job interview in your chosen discipline. You will be able to talk about working life & your own work experience. You will discover more about life in Spain, its culture & society. You will also be equipped with the practical language skills needed when studying, working or travelling around a Spanish-speaking country.

By the end of year 4, you can expect to be able to have a detailed discussion on a variety of topics from the syllabus and to be in a position to give a ten minute presentation on a topic of your choice. All of the material which is prepared for oral and aural work will also be applied to written work.