

**ATHLONE INSTITUTE OF TECHNOLOGY  
SCHOOL OF HUMANITIES**

<b>ELECTIVES FORM</b>	<b>2011/2012</b>
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**NAME:** \_\_\_\_\_

**STUDENT NUMBER:** \_\_\_\_\_

**COURSE :** Bachelor of Arts in Applied Social Studies in Social Care (Full-time)      **CODE :** AL\_HSOCC\_B

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**YEAR :** Year 4

<b>MANDATORY</b>			
<b>Semester 1:</b> Applied Research Project, Applied Social Studies, Contemporary Social Policy, Interactional Approaches			
<b>Semester 2:</b> Applied Social Studies, Applied Psychology in Social Care, Social Care Management			
<b>ELECTIVE(S)</b>			
(PLEASE CHOOSE <b>2</b> ELECTIVES FROM THE LIST BELOW, <b>ONE</b> FROM SEMESTER 1 AND <b>ONE</b> FROM SEMESTER 2)			
<b>NOTE</b> If you choose a language you must take the corresponding module in the other semester			
			Please tick
<b>Semester 1 Electives:</b>			<b>Credits</b>
69578	FREN H4013	French 4.1 (must also take French 4.2)	5
69580	SPAN H4012	Spanish 4.1 (must also take Spanish 4.2)	5
65871	PSYC H4005	Psychotherapy	5
68491	CDEV H4004	Community Development and Social Exclusion	5
<b>Semester 2 Electives:</b>			
47002	FREN H4005	French 4.2	5
47005	SPAN H4004	Spanish 4.2	5
68690	SOCI H4015	Applied Sociology in Action	5
68633	DRUG H4001	Youth Substance Use and Misuse	5
13659	CDEV H4001	Community Development Practice	5
68679	PERS H4001	Older People in Modern Society	5

**SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_

# **Bachelor of Arts (Hons) in Applied Social Studies 4**

## **SEMESTER 1**

### **French 4.1 & Spanish 4.1**

See Languages Page

### **Psychotherapy**

This elective is designed for students who would like more in-depth knowledge on the theory and practice on different models of psychotherapy that may be available to their clients/service users. The module also gives students who may be interested in a career in counselling/psychotherapy at a later date a foundation on the different approaches and would assist them making a choice on what area they may wish to specialise in.

While the first part of the module looks at the theory behind the different models e.g. Family Therapy, CBT, Gestalt etc. there is also a more practice-based section on dealing with suicide risk, self-injury, trauma from abuse and domestic violence.

### **Community Development and Social Exclusion**

In this module, we will explore the use of community development as a way of combating social exclusion in Irish society. On completion, you will be able to assess the application of theory to practice in community settings, as well as critique the effectiveness of community development projects tackling social exclusion in Ireland.

## **SEMESTER 2**

### **French 4.2 & Spanish 4.2**

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### **Applied Sociology in Action**

This module will look at how we are socialised into taking on male and female roles, and how male domination is still evident in many societies around the world today. It also investigates and explores the role, functioning and influence of the mass media in society, focusing on areas of particular relevance to the social care practitioner, such as its effects and how children are impacted by media content. It also focuses on childhood, and gives some attention to child labour, child marriage and children at war. Older people are also of interest, as many child care practitioners work with this client group, so the module looks at our societal attitudes to ageing, as well as the experiences of getting older in our society. Given the vast differences in wealth between rich and poor countries, the issue of global poverty and inequality is also covered.

### **Youth Substance Use and Misuse**

The module equips the student with a broad understanding of adolescence the concept of adolescence, perceptions of adolescence, debates about adolescence. It provides students with a theoretical insight about youth and adolescence including socio-emotional perspective, sociological perspectives, focal and ecological perspectives. Students will have a general understanding of drugs and classifications as well as intervention skills on

harm reduction, motivational interviewing and child and youth care approaches to working with youths and adolescents. The module will incorporate a national and European analysis of substance use and misuse among young people. The module will be delivered by lectures, group work and guest speakers.

### **Community Development Practice**

This module will provide you with the knowledge and skills necessary to effectively run community development projects in a variety of settings. On completion, you be able to assess the needs of different communities, engage in, and direct community capacity building. You will also be able to plan, design, implement and manage community development projects in a variety of settings.

### **Older People in Modern Society**

Students will explore the various care options available to older people. They will also examine the challenges that older people face in modern society and issues in relation to abuse and older people. Students will also be given an opportunity to explore the concept of advocacy in relation to this cohort of the population. Mental health issues that emerge for the older person will be discussed and analysed. In addition to this social care students will be encouraged to reflect on their role should they find themselves working with this client group and will be provided with some skills that will help if they choose to work with older people in practice.

# Languages

## French Year 4

Welcome! Bienvenue!

In Year 4 French, the students are offered an invaluable opportunity to extend their language skills, while exploring French society and culture. The course significantly improves the students' employment prospects in this era of ever-expanding international trade and travel. Students usually describe the course as 'enjoyable, interesting and informative'. The fact that the course is not too difficult is demonstrated by the high number of very good results obtained by students over the last five years. No student failed Year 4 French in that period. For further information, do not hesitate to contact [bdelamere@ait.ie](mailto:bdelamere@ait.ie)

## Spanish Year 1 to 4

### Why learn Spanish?

If you speak Spanish, you can communicate with almost 500 million people worldwide! Think how many more employment options that gives you! And if you want to take a trip to Spain or to Central or Latin America, a little knowledge of Spanish will go a long way.

Learning Spanish is fun! Spanish is easy to learn & to pronounce. Spanish is spoken in more than 28 countries. It is the world's third most spoken language, after Mandarin Chinese & English, and ranks second in terms of native speakers. Spanish is the second most used language in international communication. Being fluent in a foreign language is also a major advantage for job seekers, since more & more Irish companies trade internationally.

*So why Spanish? Because not only is learning Spanish becoming increasingly important in terms of the global economy, it can also play a major role in your own personal development. The Spanish passion for living is contagious & visiting the country itself can be the experience of a lifetime. Once you get a taste for their language & culture; experience their music & dance, fiestas & siestas, food & drink; you may not want to come home!*

### *So why choose Spanish as an elective in AIT?*

This module will provide you with the practical language skills you need to survive when travelling around Spain, Central & Latin America. The course is designed for students who have **no** previous knowledge of the language & is aimed at providing you with some **basic survival** Spanish which would be of use on the ground in a Spanish-speaking country.

By the end of year 2 you can expect to be able to hold a conversation in the target language about yourself, your family, your hobbies & student life. You will learn about life in Spain, Central & Latin America. You will also be able to cope in basic situational

tasks such as shopping, eating & drinking, travelling around Spain, e.g. booking tickets & accommodation, asking for directions & tourist information.

If you wish to continue with the elective after year 2, then the material will become more specialised, in relation to your chosen course of study. In year 3 you will learn how to apply for a job, do a job interview in your chosen discipline. You will be able to talk about working life & your own work experience. You will discover more about life in Spain, its culture & society. You will also be equipped with the practical language skills needed when studying, working or travelling around a Spanish-speaking country.

By the end of year 4, you can expect to be able to have a detailed discussion on a variety of topics from the syllabus and to be in a position to give a ten minute presentation on a topic of your choice. All of the material which is prepared for oral and aural work will also be applied to written work.